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Introductions and welcome

Olivia (Libby) welcomed everyone to the meeting. She explained that Lorraine was unable to attend today.

She introduced Rory O'Neill – Self-Advocate and Co-chair for the meeting. Everyone said their name in turn and where they came from

Apologies – who could not come to the meeting

- Sophie Hobby – RALSS tutor
- Nick Woodrow – Leics Police
- Cheryl Bosworth – East Leics & Rutland CCG/NHS
- Paul Wright

Making sure we understand what is being said

Rory told everyone that it is important to use words that are easy to understand. He reminded us to use the yellow cards if we want to say something and the red cards if we do not understand something

What was said at the last meeting

We looked at the notes from the last meeting on 24th July 2018 (September meeting was cancelled). Jacqui Darlington wished it to be noted that she had been missed off the list of attendees for this meeting – apologies given.



□ Updates



Primary Care Liaison Team Update – Sam Screamton

Sam told us there were usually a team of 3 nurses covering Leicester, Leicestershire and Rutland but at the moment Sam was the only one in the team. She told us there were 2 jobs for nurses in the team at the moment. In October lots of brilliant nurses were interviewed and 2 have been chosen who will start after Christmas. Sam will still cover Rutland. She talked about Health Checks. These are available for people with Learning Disabilities over the age of 14. Rutland did well making sure lots of people had a health check.

Sam explained that the team had been training doctors and nurses in surgeries and helping them with information about people with Learning Disabilities. There is a new template to use to do a good health check. The template tells doctors and nurses what questions they need to ask the patients. The team also told them how to look for Dementia in people with Learning Disabilities.

Sam told us about the Leader Reviews (LeDeR) which is a report about premature death of adults with LD. When someone with LD passes away, there is a system in place to see what care they received.

Sam had gone to a big conference in France about Learning Disability and Cancer

Stephanie Matthews asked Sam if adults on the LD register were eligible for free flu jabs - yes they are. Carers are also able to have free flu jabs but Danni pointed out that paid carers are not entitled to free vaccinations. David Whitmarsh said he had a copy



of an NHS letter which he would forward to all members which explained everything about who could have free flu vaccinations. (Andre forwarded this letter on 28th Nov to all PB members via email).

Jacqui said that there is some discrepancy on the wording but most carers are eligible and if you turn up at the surgery you are more than likely able to have a vaccination. Jean Heath said she gets a free health check being a parent/carers.

David Whitmarsh asked Sam about the East Midlands Ambulance Service (EMAS) taking people with LD to Peterborough Hospital where there are no nurses with LD experience/knowledge. Sam said it was up to the individual county to provide that service and she didn't know why Peterborough hospital does not provide these nurses. David explained that EMAS controls which hospital the ambulance goes to. Sam advised David to write a letter to EMAS and ask them to put a marker on The Lodge Trust – with special authority to go to a Leicestershire hospital. She also thought a letter to the Peterborough Health Authority saying you feel it is not a good service was worth trying.

[Sam's presentation can be found by clicking on the link at the top of these notes](#)

In the absence of Lorraine Tarratt, there were no updates from Employment or the Autism Partnership Board



Presentations:

Caroline Hare – Mental Health Matters

Caroline introduced herself and told us that Mental Health Matters (MHM) helps people who have a low

to medium condition such as anxiety or depression and who are finding life difficult. MHM can give information, support and advice. They have been working with Leicestershire and Rutland County Councils since October 2017. They help adults over the age of 18 and those people who have been diagnosed with a mental health need.

MHM offers information and advice and helps people by looking at things like benefits, volunteering, housing, health and exercise.

They run various support groups and a drop in group called Mindfulness for Anxiety which is on the second Thursday of the month at Voluntary Action Rutland, 1 – 2 pm.

MHM also offers a 24/7 helpline on 0300 323 0187

Caroline was asked if they supply Bereavement Counsellors. She said no, but MHM can help you by showing you where you can find one.

Caroline had brought some leaflets about MHM. You can find a copy of this leaflet on the Rutland LD Partnership Board website.

[Caroline's presentation can be found by clicking on the link at the top of these notes](#)

Ben Lawniczak – England Deaf Rugby



Ben introduced himself. He told us he is 30 years old. He was born in Hong Kong. He has had hearing problems since he was a baby but lost his hearing when he was 12 after operations trying to correct an ear infection. Ben struggled for a couple of years after losing his hearing, becoming withdrawn and angry but his friends helped him and took him along to a rugby club. He was always a sporty youngster and enjoyed team games. From here he joined the HITZ scheme which helps

children gain apprenticeships or get a job. From there Ben joined community projects learning about healthy eating, maths etc and then went on to join the Developing Player Programme (DPP) and then the Elite Player Development Group (EPDG) based at Northampton All Saints Rugby Club. He is now the Head Coach at Tresham and plays for Market Harborough at weekends as a hooker. He is also a member of Oakham Artistic Gymnastics Club

Ben has 4 caps for England. He brought one of his caps to show us. He also brought a toy pink rabbit! This is given to every England player and they have to look after it and not lose it or get it stolen! If it goes missing, the player gets fined or has to pay a forfeit!!

Ben told us about when the England team were given a guided tour of the Houses of Parliament and the House of Lords which they really enjoyed.

Ben showed us various photos of the team and told us about the games against Wales and New Zealand. He plays for England Deaf Rugby 3 – 4 times a year. He was asked how does he communicate with other team members? Ben said very well, they are all visually aware and mainly use hand gestures.

Ben was also asked how the referee communicates with the players. He said mainly by the whistle. The team plays against hearing teams too. He said some of the referees at Deaf Rugby matches also have hearing loss.

Ben was asked why some players wear a skull cap helmet? He explained it is to protect their ears.

He was also asked who his favourite rugby player was and he said Dylan Hartley – he puts in a lot of

work behind the scenes and does a lot of work with school children.

David Whitmarsh congratulated Ben for the England team win against New Zealand – no easy task!!

Everyone enjoyed Ben's presentation and we thanked him for coming along to talk to us.

[Ben's presentation can be found by clicking on the link at the top of these notes](#)

Linda Wylie and Rory O'Neill - Boccia



Brightways
Community Support Services



Linda is a Community Support Worker with Day Opportunities based at Brightways and Rory is a service user who attends Brightways and also enjoys playing Boccia.

They told us that Boccia is very like bowls, an all-inclusive sport which is included in the Paralympic games. It is played indoors from a seated position with soft, leather balls. Anyone of any age or ability is welcome to learn the sport. The sessions are packed with fun games. Six players can play in a game so if there are more than 6 then another team can be formed.

Linda is now qualified to train league games. Next month (12 December) there is a competition taking place at Leicester City Football Club.

Linda is helped by other CSS staff and also some volunteers from Catmose College. One of these volunteers won the 'Volunteer of the Year' award at the Sports Awards held recently in Rutland.

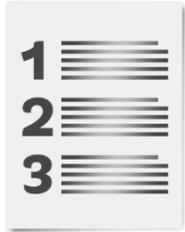
Boccia takes place on Wednesday afternoons, 3 – 4 pm at Brightways and is FREE!

[Linda's presentation can be found by clicking on the link at the top of these notes](#)



Any Other Business

Libby told us about the Carers' Rights Day which is being held at Oakham Castle on Friday 30th November 2018 from 10 am to 1 pm.



Libby and André explained that due to work commitments, Lorraine Tarratt will no longer be chairing the Partnership Board meetings. We will have a new Chair for the March meeting – no further details yet.

We would like to 'theme' our 4 meetings next year, with topics such as health or finance. If anyone would like to suggest a theme, or has any ideas of people we could approach for giving us a presentation, please get in touch with André or Helen at Brightways.



We would like to thank The Community Café for the lovely cakes! The Café is in the Museum in Oakham every Friday from 10.30 am to 1.30 pm



The dates for the 4 meetings in 2019 are listed on the flyer attached to these notes. Our first meeting in 2019 is on Thursday 21 March.



Visit our website on:

www.rutlandpartnershipboard4u.net



Rutland Learning Disability Partnership Board



Meeting dates for 2019

All our meetings take place at the
Council Chambers, Rutland County Council,
Catmose, Oakham, LE15 6HP
10 am to 12 noon



Thursday 21 March 2019



Tuesday 18 June 2019



Wednesday 18 September 2019



Tuesday 26 November 2019