



Rutland Learning Disability Partnership Board

Notes of Meeting held on 24th July 2018



Present – who came to the meeting

Lorraine Tarratt	RCC Chair
Paula Howkins	Self advocate /Co-Chair
Helen Fenwick	RCC – Note taker
Ellie Scopes	Self advocate
Danielle Courtney	Support to Ellie
Sophie Hobby	Rutland Adult Learning Skills Service
Marenda Campling	RCC
Jean Heath	Parent
Carolyn Heath	Self advocate
Linda Crowther	Self advocate
Faith Vanne	RCC
Joshua Darlington	Self advocate
Jenny Crow	Self advocate Edith Weston
Brigitta Muddiman	Carer for Jenny Crow
Jane Hawes	Self advocate
Matthew Trumpess	Self advocate

[Click here](#) to see any presentations and/or leaflets from this meeting





Introductions and welcome

Lorraine welcomed everyone to the meeting.

She introduced Paula Howkins, Self-Advocate and Co-Chair for the meeting.

Everyone in turn said their name and where they came from.



Apologies – who could not come to the meeting

Sam Screamon and Caroline Hare

Making sure we understand what is being said

Paula Howkins told everyone that it is important to use words that are easy to understand. She reminded us to use the yellow cards if we want to say something and the red cards if we do not understand something.

What was said at the last meeting

We looked at the notes from the last meeting held on 24th May.



❑ Updates



Leicestershire Partnership
NHS Trust

❑ LD Primary Care Liaison Team

Unfortunately Sam Screamton was unable to attend the meeting today. She did however send us the minutes from the Better Health Group meeting she attended on 20th June which Lorraine talked us through.

- ❑ Lorraine told us about “Time for Leicestershire”. Sometimes called “Time Banking”. People can sign up, for example, to cut someone’s lawn in exchange for having their car washed. An easy read leaflet will be made to help people understand all the different rules on how it works.
- ❑ Lorraine told us about “Oral Health”. Keeping your teeth and gums healthy by brushing regularly, changing your tooth brush and visiting the dentist.
- ❑ Lorraine also told us about “PRISM”. This is a website that provides easy read resources for GPs and practice nurses to help them care for people with learning disabilities. GPs can also use PRISM to refer people to other professionals.

If you want to contact Sam please contact on her details supplied.

Sam’s contact details:

Tel: 0116 295 5228

Email: sam.screamton@leicspart.nhs.uk

Autism Partnership Board -Lorraine Tarratt



- Lorraine told us that she has invited Angela Moore, the Dementia Admiral nurse to come to give a talk at a Partnership Board meeting in the future
- Lorraine will also try and invite the LD Liaison Nurse at Peterborough hospital to come and talk about disabilities in A&E at a future meeting
- Lorraine said that she is looking for people with Autism to sit in on a Autism work stream meeting to give advice and help with ideas to move forward . She asked for volunteers.
- Lorraine told us about the Library having 2 iPads, and new books. A sensory back pack is also available at the Castle, Museum and the Library.
- Jacqui was not aware of this and asked for some way of promoting the sensory pack. Lorraine said she would look into this.



Sophie Hobby – Tutor at RALSS – Understanding our World

- Sophie told us about a 1 year course called “Understanding our World” which is held at RALSS, Oakham Enterprise Park.
- She explained that the course is made up of: Science, History, Weather and Current affairs. These subjects involve activities and experiments in the classroom.
- People on the course talk about the world, current affairs and even space! We also talk about the First World War and the importance of the Poppy. There are pottery poppies being made to be displayed at the Castle in November .
- The course is free to adults over 19 years of age. It runs for a year on Mondays at 9.30 – 11.30 am and starts again in September 2018.
- Sophie told us about an “Easy News Magazine” which is free - you will find it on this website: <https://www.unitedresponse.org.uk/easy-news>
- Sophie's presentation can be found on the our website. For more information on the course, ring RALSS on 01572 758122.





Jenny Crow - Volunteer at Edith Weston Primary School

- Jenny came to give us a talk on what it is like volunteering at Edith Weston Primary School with 4 -7 year olds.
- Jenny told us how she reads with the children twice a week and their favourite book is 'The Gruffalo'.
- Jenny has worked for 6 months doing 2 days a week and the children now recognise her outside of the school.
- Jane Hawes said she worked at a Primary School and they like "Peppa Pig" to be read to them as they love it.
- Everybody enjoyed Jenny talking about what she does and she was able to answer all the questions put to her.



Any Other Business

- Lorraine told us about the feedback she had received on next year's LD Partnership Board meetings. We are going to try having 4 meetings in a year. She is looking for suggestions on the topics we may cover. This can be reviewed at the end of 2019 to see how the new meetings are working.
- Lorraine told us about a free basic First Aid course for service users. If anyone is interested please speak to Tammy Thurley/Sue Giddens at Brightways (01572 772586). Tammy will explore different courses if anybody is interested
- Lorraine told us about the Social Work clinic alongside Dr Hiremath's clinic on Thursday 26th July at Brightways. It is an open clinic to parents and carers and service users.
- She also told us about the day service being personalised to the service users' needs. Each service user has their own timetable for daily activities – starting from Brightways. Lorraine told us about the Community Project open evening on Thursday 26th July.

We would like to thank Rutwel for the lovely cakes! Rutwel run the Museum Café in Oakham on Wednesdays 10am to 12 noon and every Friday 11.30am to 1.30pm



Thanks to all the guest speakers and everyone who came along making it a very enjoyable meeting.

The date of the next meeting is **Thursday 27th September 2018** – we look forward to seeing you then.

For more information about the Partnership Board and lots of other information, have a look at our website on:

www.rutlandpartnershipboard4u.net

