



Rutland Learning Disability Partnership Board Notes of Meeting held on 25th January 2018

Present – who came to the meeting

Lorraine Tarratt

RCC, Chair

Andre Dixon

RCC, Note taker

Clare Johnson

RCC

Lauren Cotton

RCC

Rebecca Newman

Rutland Parent Carer's Voice

Marenda Campling

RCC

Danni Donovan

RCC

Lou Burton

Rutland Parent Carer's Voice

Jacqui Darlington

Health Watch Rutland/Carers UK

Darren Goddard

Leicestershire Police

[Click here](#) to see any presentations and/or leaflets from this meeting





- **Introductions and welcome**
- Lorraine welcomed people to the meeting.
- Everyone in turn said their name and where they came from. There were no Self Advocates present at this meeting which was very disappointing. Lorraine explained that Thursday is not a good choice of day for Rutwel and no one could come from the Lodge Trust. We will discuss at the next meeting perhaps reducing the number of meetings held per year.



- Because we had no self-advocates at the meeting Lorraine decided we would post-pone the presentation on Boccia that Lauren Cotton was going to do. Lauren has since asked us to publicise the Boccia Club at Brightways so her presentation is now on the Partnership Board website. These sessions take place on Wednesday afternoons, 3 – 4 pm at Brightways, Catmose Campus and are free of charge. [Click here](#) to see Lauren's presentation



Updates

Employment –Gemma Ruigrok – unable to attend

In her absence, Lorraine told everyone that since Gemma had returned from Maternity Leave, there had been an increase from 1 to 5 adults with LD in employment in Rutland

- There are also a few people with LD in volunteer posts, which could eventually become paid jobs.
- One person has started work since the last meeting at RNIB as a full time apprentice
- We have had two volunteers start, one within a school reading to children and one within a nursery
- On Wednesday 21st February, 1 – 4 pm, in the Wytchley Room, Council Chambers, Rutland County Council there will be a food awareness workshop – looking at nutrition, understanding food labelling, salt, RDAs etc - so if people would like to attend please contact Gemma.



Gemma Ruigrok is the Employment Inclusion worker at Rutland County Council.

Email: gruigrok@rutland.gov.uk

Tel: 01572720932 / 07554437363

Autism Partnership Board -Lorraine Tarratt

Lorraine told everyone present that the next Autism Partnership Board meeting is on 31st January 2018 at County Hall, Leicester She will share the information from this meeting at our next PB meeting.

Better Health Group – Cheryl Bosworth

Cheryl told us that Sam Screamon was back from maternity leave and would attend the next meeting.

There had only been one Better Health meeting since the last Partnership Board meeting. At this meeting a new project called Safe, Well and Happy had been talked about. This project runs in Leicester City and some parts of Leicestershire and it is hoped it can come to Rutland. The project is run by volunteers. It is a project to encourage people with learning disabilities to come along to a safe place to learn about health or take part in an activity, for example cycling. There is a logo which is put in shop/café windows so that people with learning disabilities know this is a safe and welcoming place to go. This project does not replace the Keep Safe places. It is hoped that people will feel more confident to try new activities or go to new places.

There are 'hubs' in Leicestershire for this project and anyone can go along. Lorraine said we have a new Admiral Nurse who works with carers for people with dementia so she could tell them about it.



Darren told us the next Safe, Well, Happy meeting will be on 8th March at the Brite Learning Centre, 124 Evington Road, Leicester, LE2 1HH

The future dates of the Better Health Group are:

- 28th February
- 25th April
- 20th June
- 29th August,
- 24th October
- 12th December – **different time. 12:30 – 15:00**

Any Other Business

Lorraine told us that after the November meeting of the Partnership Board when Emily Barwell (RCC Library and Heritage Manager) came along and gave us a presentation on the refurbishment of Oakham Library and the Autism audit, a parent called in to the library to request some autism friendly, non fiction books. These books were ordered and are now available at the library.





The hand dryers in the library will be isolated during the Autism Friendly sessions that are held there.



Darren told us about the Leicester City Partnership Board meeting that he attended yesterday. Leicester City CCG had brought along a new booklet they had made about people with learning disabilities and health checks. The booklet would hopefully encourage people to have regular health checks. Darren will try send us some copies. Cheryl explained that the City of Leicester and Leicestershire County Council each have their own budgets and therefore produce their own booklets.

Lorraine said that a lot of GP surgeries in Rutland now have electronic screens and do not use booklets.

A discussion took place on the role of care providers who can encourage people to go for regular health checks

Lorraine told everyone that at Rutland County Council regular reviews are held and people are asked when their last health check was. This is closely monitored



Jacqui told us that Joshua had recently had a very positive experience at hospital and this was because important information had been input correctly before his appointment.



Darren told us that Universal Credit had been discussed at the City Partnership Board meeting. Lorraine said that Gemma had been doing some work about Universal Credit.



Jacqui told us about her appearance on Good Morning Britain and her visit to 10 Downing Street to meet the Prime Minister! This was part of the Loneliness Campaign and Jacqui was talking about how lonely carers can feel at times. They often feel isolated and often don't have many friends. There is now a Minister for Loneliness so this is something the Government are looking at.



Darren mentioned that the Oadby & District Lions are working on a scheme called Message in a Bottle. This is where vital information such as medication/allergies is written down and kept in a little plastic bottle in the fridge. This enables paramedics to know more about a patient when they go to their homes. There are 6,000 bottles going out to all neighbouring police units. This scheme is linked to the 'Herbert' protocol which encourages families/carers/friends to pull together information about a person.



Lorraine told us that here, at Rutland County Council, we use the NHS Grab Sheets for all important information about a patient.



Today was Darren's last meeting with us. He has a new job as Deputy Crime Registrar. We wished Darren every success in his new job and thanked him for all his hard work and contributions to our Partnership Board meetings. He will be missed!



We would like to thank Rutwel for the lovely cakes! Rutwel run the Museum Café in Oakham every Friday 11.30am to 1.30pm and Wednesday, 10am to 12noon



The date of the next meeting is Wednesday 28th March.

We do hope that more service users and self-advocates will be able to come along and enjoy interesting presentations as well as refreshments and lovely cakes courtesy of our Rutwel service users!

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