

Brightways Boccia Club





My name is...

Email: lcotton@rutland.gov.uk

Telephone: 07856570600

What is Boccia?

- Popular disability sport
- Included in the Paralympic games
- Like bowls
- Played indoors from a seated position
- Soft leather balls





What is Boccia?

<https://www.youtube.com/watch?v=f5CmEab8tqU&rel=0&start=10>



Who we are...

- A fun, friendly and inclusive club
- Anyone welcome to learn the sport of boccia
- Any ability or age
- No previous experience required
- Sessions packed full of fun games



Details:

- Cost: FREE
- When: 3-4pm, Wednesdays (term time only)
- Where: Brightways, Catmose Campus
- Led by Catmose leaders and myself (Lauren)

Contact: Sue Giddens, 01572 772588

Lauren Cotton, 07856570600



Thank you!

Any questions?