



Rutland
County Council



Social Work with adults with learning disabilities

We are:

Vandana Ferguson – Social Worker
Marenda Campling – Social Worker

What do we do?

Our aim is



- To help adults with a learning disability keep safe, healthy and be active in the community
- To enable all adults with a learning disability to lead a full a life as possible and for them, together with their parents and carers, to reach their full potential

Who is in our team?



LONG TERM & REVIEW TEAM

- Team Manager – Kim Sorsky
- Senior Practitioners – Lorraine Tarratt ,Farai Kapswara & Ann Drea
- 5 Social workers (2 social workers work with Learning Disability)
- 1 Reviewing Officer – Trish Tobin
- 1 Occupational Therapist and 1 assistant
- 1 Employment support worker – Karen Evans
- 2 administration staff

We work closely with:



- Learning Disabilities Outreach Team
 - LD Nurses – Andrea Domokos/Wendy Thacker
 - Psychiatrist – Dr Hiremath
 - Psychology- Bridget Cryer Rolley
 - Physiotherapist/Occupational therapist
 - Speech and Language
- * A social worker or your GP can make a referral to this team



We talk to you and gather information about your care and support needs



We call this a **NEEDS ASSESSMENT** –

it helps us work out what support you need now and in the future

We will talk about different parts of your life



Home – now and future, any changes or adaptations



Being safe – at home and in the community



Health – mobility, feelings & emotions,
eating and drinking, communicating,
medication



Leisure activities – using the gym, swimming pool, cinema, transport



Community life – groups you attend, getting around and knowing what's available



Jobs and learning – college, employment, learning new skills



Relationships – friends and family, short breaks



Money – benefits, managing your money



Together we make a SUPPORT PLAN

- What is causing me a problem or concern?
- What I would like to help me improve or maintain my well being
- What can be put into place?
- When?
- By who?

For example



- I am lonely and bored during the day
- I want to meet new people and try different activities
- I will attend RUTWEL 2 days a week

You will need a financial assessment to see if you may have to pay for some services provided on your support plan

Each year we REVIEW your care and support plan. We want our reviews to be person centred and person led

What's working



What's not working



What needs to change?



MAKING DECISIONS

- Adults with LD have the same right to make decisions about their life as all adults do
- To help you make decisions we need to find out:

What support you need to help you make decisions and the risks involved



We can support you by:

- Finding out what is important to you
- Giving information about the choices available
 - Education.
 - Work and voluntary related experience
 - Housing options (supported living, residential, own home)
 - Direct payments & Personal assistants (PA's)
 - Social opportunities – clubs, activities

When we support a person to make a decision we all have to think about the risks. Some decisions that involves risks might be:



- Travelling on their own on the bus

- Stranger danger, keeping money safe, timetables, position on transport, keep safe card,



- Going out on their own
- Keeping calm



- Handling their own money
- How much you need and keeping it safe.



People take risks every day.
Taking a risk is not always a
bad thing!



- Positive risk taking supports people to be more independent whilst keeping safe



- We can support you by giving information about the risks

People who can support you:



- Family and friends



- Staff who work with you –
keyworker, Personal Assistant



- Social Worker



- Advocate – they can support
you say what you want to say
and have a voice.

Contacting us:
Long Term and Review Team,
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Any questions?