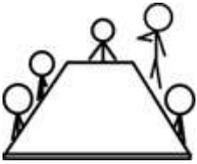
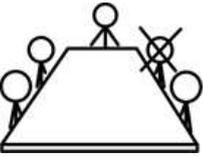




## Rutland Learning Disability Partnership Board

### Notes of Meeting held on Thursday, 22<sup>nd</sup> October 2015

	<p><b>Present – who came to the meeting</b></p> <table border="0"> <tr> <td>Emma Jane Perkins</td> <td>RCC Service Manager and co-chair</td> </tr> <tr> <td>Rory O'Neill</td> <td>Self Advocate and co-chair</td> </tr> <tr> <td>Ketan Paw</td> <td>Pohwer – NHS complaints advocate</td> </tr> <tr> <td>Paula Howkins</td> <td>Self Advocate</td> </tr> <tr> <td>George Lawman</td> <td>Self Advocate</td> </tr> <tr> <td>Martin Brown</td> <td>RCC, Rutwel</td> </tr> <tr> <td>Chayne Adcock</td> <td>Self Advocate</td> </tr> <tr> <td>Alex Davies-Powell</td> <td>RCC, Carer's Team</td> </tr> <tr> <td>Jacqui Darlington</td> <td>Carer's UK &amp; Healthwatch Rutland</td> </tr> <tr> <td>Jason Henderson</td> <td>Self Advocate, The Lodge Trust</td> </tr> <tr> <td>Kevin Armstrong</td> <td>The Lodge Trust</td> </tr> <tr> <td>William Burton</td> <td>Self Advocate, The Lodge Trust</td> </tr> <tr> <td>Becky Conboy</td> <td>The Lodge Trust</td> </tr> <tr> <td>Victoria Cable</td> <td>Self Advocate, The Lodge Trust</td> </tr> <tr> <td>Jasmine Hopkins</td> <td>Member of the public</td> </tr> <tr> <td>Jeanette Smith</td> <td>RCC, Rutwel</td> </tr> <tr> <td>Joshua Darlington</td> <td>Self Advocate</td> </tr> <tr> <td>Andrew MacTaggart</td> <td>RCC, Long Term and Review Team</td> </tr> <tr> <td>Eve Saarmae</td> <td>RHCT, Waterside Lodge</td> </tr> <tr> <td>Matthew Trumpess</td> <td>Self Advocate, Waterside Lodge</td> </tr> <tr> <td>Lorraine Tarratt</td> <td>RCC, Long Term and Review Team</td> </tr> <tr> <td>Marenda 'Ren' Campling</td> <td>RCC, Long Term and Review Team</td> </tr> <tr> <td>Jonathan Vanden Broek</td> <td>Self Advocate, The Lodge Trust</td> </tr> <tr> <td>Gina Robey</td> <td>RCC, Community Inclusion, Note taker</td> </tr> </table>	Emma Jane Perkins	RCC Service Manager and co-chair	Rory O'Neill	Self Advocate and co-chair	Ketan Paw	Pohwer – NHS complaints advocate	Paula Howkins	Self Advocate	George Lawman	Self Advocate	Martin Brown	RCC, Rutwel	Chayne Adcock	Self Advocate	Alex Davies-Powell	RCC, Carer's Team	Jacqui Darlington	Carer's UK & Healthwatch Rutland	Jason Henderson	Self Advocate, The Lodge Trust	Kevin Armstrong	The Lodge Trust	William Burton	Self Advocate, The Lodge Trust	Becky Conboy	The Lodge Trust	Victoria Cable	Self Advocate, The Lodge Trust	Jasmine Hopkins	Member of the public	Jeanette Smith	RCC, Rutwel	Joshua Darlington	Self Advocate	Andrew MacTaggart	RCC, Long Term and Review Team	Eve Saarmae	RHCT, Waterside Lodge	Matthew Trumpess	Self Advocate, Waterside Lodge	Lorraine Tarratt	RCC, Long Term and Review Team	Marenda 'Ren' Campling	RCC, Long Term and Review Team	Jonathan Vanden Broek	Self Advocate, The Lodge Trust	Gina Robey	RCC, Community Inclusion, Note taker
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	<p><b>Apologies – who could not come to the meeting</b></p> <p>Sara Perkins Liz Perkins Hannah Marsh Gemma Ruigrok</p>																																																
	<p><b>1. Introductions and welcome</b></p> <p>Emmajane welcomed people to the meeting. Emmajane introduced Rory who was co-chair for the meeting. Everyone in turn said their name and where they came from.</p>																																																
	<p><b>2. Making sure we understand what is said</b></p> <p>Rory told everyone that it is important to use words that are easy to understand. He reminded people to use the yellow cards.</p>																																																
	<p><b>3. What was said at the last meeting</b></p> <p>We looked at the notes written after the last meeting held on 19<sup>th</sup> August 2015. Everyone agreed this is what was said.</p>																																																

## 4. Updates

### Employment

Emmajane gave us an employment update.

- ▶ There will be a CV workshop on the 27<sup>th</sup> October from 10am to 1pm at Rutland County Council. If you would like to join this please contact Gemma.
- ▶ Job Centre Plus are coming to Oakham on the 24<sup>th</sup> November. If you would like to speak to them about your benefits or permitted work please contact Gemma.
- ▶ Brightways are looking for a volunteer to answer the telephone, if you are interested please contact Gemma.
- ▶ If you would like help to find work, volunteering or get some training, then please contact Gemma.

Gemma Ruigrok is the Employment Inclusion worker at Rutland County Council.

Gemma's contact details are:

**Email:** [gruigrok@rutland.gov.uk](mailto:gruigrok@rutland.gov.uk)

**Tel:** 01572720932 / 07554437363

Jonathan from The Lodge Trust shared his experience as a volunteer working with animals. You can see Jonathan's presentation on the Rutland Learning Disability Partnership Board Website

<http://rutlandpartnershipboard4u.net/wp-content/uploads/2015/10/New-Leaf-Triangle-final-JV.pdf>

Jonathan answered questions about his job. He told us that he has been volunteering for 5 months doing jobs including mucking out and grooming. He said there are goats, rats, chickens, dogs and a horse on the farm and he has made friends with the animals.

### Better Health Group

Emmajane updated us on the work of the Better Health Group. You can see the presentation on the Rutland Learning Disability Partnership Board Website

<http://rutlandpartnershipboard4u.net/wp-content/uploads/2015/10/Better-Health-Group-presentation.pdf>

We talked about the action plan and the easy read health check booklet that the Better Health Group are working on to make health services better. When the health check booklets are printed copies will be available at Partnership Board meetings.

We discussed Health Action Plans and how to make sure health professionals are feeding into them. You can get a Health Action Plan template from the Acute Liaison Nurses.

The Health Action Plan template and easy read health check booklet will also be put on the Learning Disability Partnership Board website.





## 5. **Presentation: Deprivation of Liberty and Mental Capacity Act**

Andrew MacTaggart talked to us through the presentation which you can find on the Rutland Learning Disability Partnership Board Website

<http://rutlandpartnershipboard4u.net/wp-content/uploads/2015/10/DOLS-Easy-Read-Presentation-to-the-LD-Partnership-Board-14-10-15.pdf>

We looked at what people do to keep you safe. Andrew told us that when individuals are not able to make decisions because of their disability, this means they lack mental capacity. The law says to prove an individual does not have capacity they must have an assessment. When individuals can make decisions for themselves this means they have capacity.

## 6. **Presentation: PohWER**

Ketan Paw introduced himself as the NHS complaints advocate for Leicester and Rutland.

Ketan explained what PohWER do:

- ▶ Support you to understand the NHS complaints process
- ▶ Support you to make a complaint if necessary
- ▶ Support you to get information on the NHS, have your voice heard or receive an apology
- ▶ Can act as a go between if you are unhappy with your response from the NHS

If you would like to have support from a PohWER advocate you can contact Ketan Paw directly or go through the Birmingham Centre and he will get back to you. Referrals are also made by the complaints commission, social workers or word of mouth.

However, you do need consent from the individual if you are making a referral on their behalf.

### **Contact details:**

Telephone: 0300 200 0084 (charged at local rate)

Minicom: 0300 456 2364

Text: send the word 'pohwer' with your name and number to 81025

Email: [pohwer@pohwer.net](mailto:pohwer@pohwer.net)

Post: Pohwer, PO Box 14043, Birmingham B6 9BL

Website: [www.pohwer.net](http://www.pohwer.net)



## 7. **Any Other Business**

- ▶ We looked at the final design for the Rutland Learning Disability Partnership Board Logo. Everyone agreed they liked it.



- ➔ We had a look at The Learning Disability Tool kit.  
<http://www.learningdisabilitymadeclear.nhs.uk/toolkit/3-learning-disability-made-clear-toolkit>
- ➔ We looked at an easy read leaflet 'Helping to stop you getting flu – Information for people with a learning disability'  
<https://www.gov.uk/government/publications/flu-leaflet-for-people-with-learning-disability>



**The next meeting** will be on Thursday 10<sup>th</sup> December 2015.