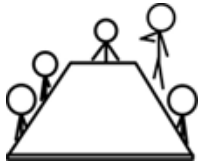


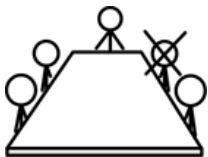


**Rutland Learning Disability Partnership Board  
Notes of Meeting held on Wednesday 19<sup>th</sup> August 2015**



**Present – who came to the meeting**

|                    |   |
|--------------------|---|
| Emma Jane Perkins  | RCC Team 4 Manager and co-chair           |
| Daniel Bilsdon     | Self Advocate and co-chair                |
| Samantha Ramsay    | RCC Electoral Services                    |
| Phil Hetherington  | Mencap                                    |
| Amanda Barlow      | Mencap                                    |
| Eve Saarmoie       | RHCT, Waterside Lodge                     |
| Sarah Copse        | Self Advocate                             |
| Kirsty Mitchell    | CSW, Rutwel                               |
| Aimee McGurk       | Self Advocate                             |
| Ellie Scopes       | Self Advocate                             |
| Jean Heath         | Parent                                    |
| Carolyn Heath      | Self Advocate                             |
| Naomi Edwards-Sims | RCC Mental Health Inclusion Dvlpt Worker  |
| Katrina Dickens    | Learning Disability Acute Liaison Nurse   |
| Tracey Gilbert     | Co ordinator, Rutwel, RCC                 |
| Victoria Cable     | Self Advocate                             |
| William Burton     | Self Advocate                             |
| Rachel Booth       | Self Advocate                             |
| Chayne Adcock      | Self Advocate                             |
| Ewelina Sudol      | The Lodge Trust                           |
| Kevin Armstrong    | The Lodge Trust                           |
| Gemma Ruigrok      | Employment, RCC                           |
| Alex Davies Powell | Carer Support, RCC                        |
| Jane Parr          | Communication Network                     |
| Susan Startin      | Self Advocate                             |
| Paula Howkins      | Self Advocate                             |
| Andre Dixon        | RCC Inclusion Team Assistant (note taker) |



**Apologies – who could not come to the meeting**

Jonathan Vanden Broek  
Louise Freeman  
Matthew Trumpess  
Sam Bailey  
Liz Perkins  
Kim Sorsky  
Marenda Campling



**1. Introductions and welcome**

Emmajane welcomed people to the meeting.  
She introduced Daniel who was co-chair for the meeting.  
Everyone in turn said their name and where they came from.



**2. Making sure we understand what is said**

Daniel told everyone that it is important to use words that are easy to

understand. He reminded people to use the yellow cards.



### 3. What was said at the last meeting

We looked at the notes written after the last meeting held on 30 June 2015. Everyone agreed this is what was said.



### 4. Updates

Naomi Edwards-Sims gave a brief presentation on the new Leicester, Leicestershire and Rutland Autism Partnership Board.

The next meeting is on Tuesday 8<sup>th</sup> September 2015, 1-3 pm in Leicester.

If anyone would like to attend this meeting or needs further information please contact Naomi on 01572 758316 or email her on [nedwards@rutland.gov.uk](mailto:nedwards@rutland.gov.uk)



Jane Parr – Communication Network gave an update on how the network in Leicester, Leicestershire and Rutland is helping to make communication better for people with a learning disability.

They hold 4 meetings a year and anyone is welcome, including families or carers of people with learning disabilities.



Chayne and Jane told the meeting about the Talk and Listen Group which hold different activities. This Thursday they are making a film called 'Giving Voices' which is about Communication Passports.

The next network meeting is on 21 October 2015, 10.30-12.30 at Leicester Frith on the Glenfield Hospital site.

Please contact Jane if you need any more information on 0116 2255205/07500917587 or email: [jane.parr@leicspart.nhs.uk](mailto:jane.parr@leicspart.nhs.uk)



Amelia Boulton – Better Health Group, updated us on the progress of health checks. 970 checks were completed and of these, 36 were from 14 to 17 year olds.

An easy read version of the Health Check will be produced.

The next Better Health meeting is on 23 September 2015  
Jane told us they are hoping to form a Speaking up for Health Group but money is a problem at the moment.



Gemma Ruigrok, the new Employment officer, gave us a talk on her job role and how she can support people with learning disabilities into training, work or volunteering.



Gemma can meet people on a one-to-one basis to discuss their likes, dislikes, interests and what sort of work or training they would like to do.

She can help with such things as writing a CV and she showed us a very helpful document called 'Getting a Job' which she passed around.



If you would like to contact Gemma please phone 01572 720932 or email her on [ESupport@rutland.gov.uk](mailto:ESupport@rutland.gov.uk)



Katrina Dickens, Acute Liaison Nurse told us about her work. She and her team are responsible for training nurses on Learning Disability awareness in hospitals. They work in 3 hospitals in Leicester and they also train nurses from who come to work here from Europe.

They also talk to newly qualified student nurses about learning disability awareness and talk about Person Centred Care with HR trainers.



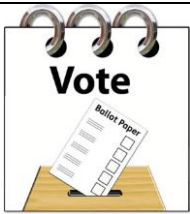
The team send out Patient Diaries to people with learning disabilities who have been in hospital and ask them to say how they felt about their stay in hospital and if they were happy with the service they got.

From these diaries, the feedback has been very useful and points out things such as:

- Staff need to introduce the patient to the LD nurse earlier in their stay
- Specialist mattresses were not received by the patient in time
- Pictures are needed to help people choose their meals in hospital
- The patient's family needs to be included in decision making when the patient doesn't understand what is going on



If you would like to contact Katrina or her colleague Louise, please ring 0116 258 4382



5. Samantha Ramsay, Electoral Services, RCC talked to us about the Annual Canvass of Electors. She explained what voting is and why it is important. The Annual Canvass puts you on the register to vote; if you are not on this register then you cannot vote.

This weekend every household in Rutland will receive a form with the names of the people living in that house on it. If your name is not on the form, you need to add your name and send it back.



Sam passed round the Easy Read version of the guide 'How to Vote'. The link to this document is on the Rutland Learning Disability Partnership Board website.

If you need any more information please contact Sam on 01572 720954 or email on [sramsay@rutland.gov.uk](mailto:sramsay@rutland.gov.uk)



6. Amanda Barlow, Regional Engagement Officer, Mencap gave us a presentation on Friendships and Relationships. She explained how it was Mencap's mission to change society's attitude towards people with learning disabilities and support people to live a more fulfilled life. To help do this she asked us to divide into groups and come up with ideas on how leisure activities could be improved in Rutland and how people with learning disabilities can find and make friends. Amanda will feed back to us these ideas at another Partnership Board meeting in the future.

If you need to contact Amanda email her on [Amanda.barlow@mencap.org.uk](mailto:Amanda.barlow@mencap.org.uk)



**Have Your Say Event**



7. Any Other Business.

Emmajane showed us the various ideas for the new Partnership Board logo. These pictures will be sent out with these notes and will be on the website. We will vote at the next meeting on the design we like the best.

We will be holding another 'Have Your Say Event' on Friday 25<sup>th</sup> September 2015 here at the Council Chambers. Leaflets will be coming out soon telling people all about this fun event.

Eve Saarmoie (Waterside Manager) told the meeting that there are vacancies at RHCT for living accommodation. If you are interested please contact her on 07958267051 or email her on [eve@rhctrust.co.uk](mailto:eve@rhctrust.co.uk)



**The next meeting** will be on Thursday 22 October 2015.