



Rutland
County Council

Safeguarding

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Prevention & Safeguarding Team

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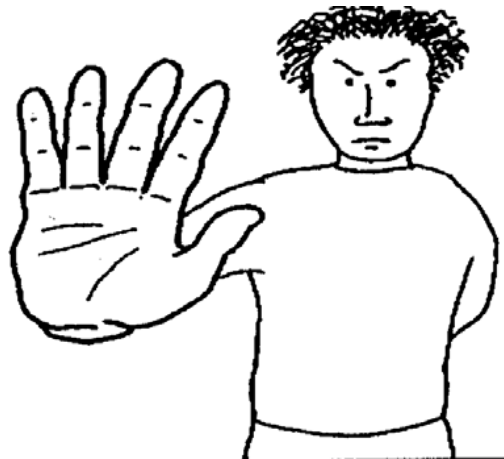




What is safeguarding?

Safeguarding means keeping you safe from abuse and neglect.

It is there to protect and support you to be independent and make choices.





What is Abuse?

- Verbal abuse – shouting, talking to you in an unkind way.
- Emotional Abuse – teasing you, talking to you in a way that makes you feel bad, ignoring you and hurting your feelings.
- Physical Abuse - hitting you, pinching, biting, pulling your hair.





What is abuse?

- Sexual Abuse – when someone touches you without your permission, this can include kissing you or touching your private parts.



- Neglect – This is when people who are supposed to help you don't look after you properly or help is not provided to you e.g personal care, meals, drinks.





What is abuse?

- Financial Abuse - someone taking your money or belongings without permission.
- Medication - when people that help you don't give you your medication or give you too much.
- Discriminatory – when people treat you badly or unfairly because of the colour of your skin, you disability, religion or because you are gay/lesbian.



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What should you do?

Abuse is wrong and should not happen.

If you are worried then you should tell someone you trust

- A staff member
- A friend
- Your social worker
- Your doctor
- A family member





What happens after you tell someone?

- The person you have told will need to tell someone in social services or the police.
- Social Services or the police will want to talk to you to make sure that you know what is going to happen.
- A social worker or the police will work with you to make the abuse stop in a way that makes you feel safer and happier.
- You will be listened to and included – what is important to you is important to us.





Contact Details

- Rutland Social Services Prevention and Safeguarding Team – 01572 758341

Out of Hours

- Adults Emergency Duty Team (EDT) – Leicestershire, Leicester and Rutland - 0116 255 1606

Police 999 or 101



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Any Questions?