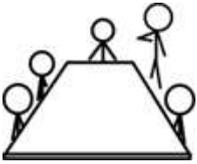
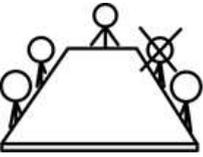




# Rutland Learning Disability Partnership Board

## Notes of Meeting held on Thursday, 10<sup>th</sup> December 2015



	<p><b>Present – who came to the meeting</b></p> <table border="0"> <tr> <td>Emmajane Perkins</td> <td>RCC Service Manager and Chair</td> </tr> <tr> <td>Matthew Trumpess</td> <td>Self Advocate and Co-Chair</td> </tr> <tr> <td>Chayne Adcock</td> <td>Self Advocate, The Lodge Trust</td> </tr> <tr> <td>Lorraine Tarratt</td> <td>RCC, Long Term &amp; Review Team</td> </tr> <tr> <td>Hannah Marsh</td> <td>RCC, Community Inclusion, Day Opportunities</td> </tr> <tr> <td>Jane Parr</td> <td>Leicestershire Partnership Trust</td> </tr> <tr> <td>Sue Mullinger</td> <td>Rutland Parent Carer Voice (RPCV)</td> </tr> <tr> <td>Cheryl Bosworth</td> <td>East Leicestershire and Rutland CCG</td> </tr> <tr> <td>Sam Screatton</td> <td>Leicestershire Partnership Trust</td> </tr> <tr> <td>Laura Davies</td> <td>RCC, Community Inclusion, Supported Living</td> </tr> <tr> <td>Tammy Thurley</td> <td>RCC, Community Inclusion, Supported Living</td> </tr> <tr> <td>Eve Saarmae</td> <td>RHCT, Waterside Lodge</td> </tr> <tr> <td>Rachel Booth</td> <td>Self Advocate, The Lodge Trust</td> </tr> <tr> <td>Victoria Cable</td> <td>Self Advocate, The Lodge Trust</td> </tr> <tr> <td>William Burton</td> <td>Self Advocate, The Lodge Trust</td> </tr> <tr> <td>Kevin Armstrong</td> <td>The Lodge Trust</td> </tr> <tr> <td>Libby Barnacle</td> <td>RCC, Community Inclusion, Rutwel</td> </tr> <tr> <td>Carolyn Heath</td> <td>Self Advocate, Rutwel</td> </tr> <tr> <td>Jennifer Fenelon</td> <td>Healthwatch Rutland</td> </tr> <tr> <td>Ellie Scopes</td> <td>Self Advocate, Rutwel</td> </tr> <tr> <td>Joshua Darlington</td> <td>Self Advocate, Rutwel</td> </tr> <tr> <td>Martin Brown</td> <td>RCC, Community Inclusion, Rutwel</td> </tr> <tr> <td>Fizz Heseltine</td> <td>Quality Checkers, Voicability</td> </tr> <tr> <td>Karen Carpenter</td> <td>Quality Checkers, Voicability</td> </tr> <tr> <td>Paul Blake</td> <td>Quality Checkers, Voicability</td> </tr> <tr> <td>Gina Robey</td> <td>RCC, Community Inclusion and Note Taker</td> </tr> </table>	Emmajane Perkins	RCC Service Manager and Chair	Matthew Trumpess	Self Advocate and Co-Chair	Chayne Adcock	Self Advocate, The Lodge Trust	Lorraine Tarratt	RCC, Long Term & Review Team	Hannah Marsh	RCC, Community Inclusion, Day Opportunities	Jane Parr	Leicestershire Partnership Trust	Sue Mullinger	Rutland Parent Carer Voice (RPCV)	Cheryl Bosworth	East Leicestershire and Rutland CCG	Sam Screatton	Leicestershire Partnership Trust	Laura Davies	RCC, Community Inclusion, Supported Living	Tammy Thurley	RCC, Community Inclusion, Supported Living	Eve Saarmae	RHCT, Waterside Lodge	Rachel Booth	Self Advocate, The Lodge Trust	Victoria Cable	Self Advocate, The Lodge Trust	William Burton	Self Advocate, The Lodge Trust	Kevin Armstrong	The Lodge Trust	Libby Barnacle	RCC, Community Inclusion, Rutwel	Carolyn Heath	Self Advocate, Rutwel	Jennifer Fenelon	Healthwatch Rutland	Ellie Scopes	Self Advocate, Rutwel	Joshua Darlington	Self Advocate, Rutwel	Martin Brown	RCC, Community Inclusion, Rutwel	Fizz Heseltine	Quality Checkers, Voicability	Karen Carpenter	Quality Checkers, Voicability	Paul Blake	Quality Checkers, Voicability	Gina Robey	RCC, Community Inclusion and Note Taker
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	<p><b>1. Introductions and welcome</b></p> <p>Emmajane welcomed people to the meeting.          Emmajane introduced Matthew Trumpess, Self Advocate and Co-Chair for the meeting.          Everyone in turn said their name and where they came from.</p>																																																				
	<p><b>2. Apologies – who could not come to the meeting</b></p> <table border="0"> <tr> <td>Sue Perkins</td> <td>Jean Heath</td> </tr> <tr> <td>Liz Perkins</td> <td>Sarah Malley</td> </tr> <tr> <td>Daniel Billsdon</td> <td>Jacqui Darlington</td> </tr> <tr> <td>Gemma Ruigrok</td> <td>Jasmine Hopkins</td> </tr> <tr> <td>Naomi Edwards-Sims</td> <td></td> </tr> </table>	Sue Perkins	Jean Heath	Liz Perkins	Sarah Malley	Daniel Billsdon	Jacqui Darlington	Gemma Ruigrok	Jasmine Hopkins	Naomi Edwards-Sims																																											
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	<p><b>3. Making sure we understand what is said</b></p> <p>Matthew told everyone that it is important to use words that are easy to understand. He reminded people to use the yellow cards. Shayne asked why we were not using the red cards for ‘I don’t understand’. Emmajane told us that we are using the yellow cards for both – ‘I have something to say’ and ‘I don’t understand’.</p>																																																				



County Council.

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**Tel:** 01572720932 / 07554437363

### **Communication**

Jane Parr is the AHP Lead and Speech and Language Therapy Clinical Lead.

Jane reminded us about the 5 communication standards and we watched a video called 'Giving Voice' which was put together by the Communication Network for people with learning disabilities; this is a talk and listen group.

You can see these standards in easy read on the website:

<http://79.170.44.126/rutlandpartnershipboard4u.net/wp-content/uploads/2015/06/5-Good-Communication-Standards-19.6.14.pdf>

You can see the 'Giving Voice' video by clicking here:

<https://www.youtube.com/watch?v=7DOLykzO6dc>

This film will also be put on face book.

visit [www.leicspart.nhs.uk](http://www.leicspart.nhs.uk) **Twitter:** @LPTnhs **#GivingVoiceLLR** and **Facebook**

Please be advised that the Communication Network is no longer running, however the Talk and Listen Group for people with learning disabilities still is.

### **Better Health Group**

Cheryl Bosworth is with East Leicestershire and Rutland Clinical Commissioning Group (CCG)

Cheryl updated us on the work of the Better Health Group. This group has been working towards

- ◆ making sure people are getting more information and better health checks
- ◆ updating the "All about Learning Disability Health Checks" which is now going to print and will be distributed in the new year
- ◆ Cancer screening
- ◆ Better Health Action Plans
- ◆ Better understanding of Dementia – this includes trying out a "Dementia Assessment Tool" to help recognise the signs of Dementia earlier

Cheryl also talked to us about 'Transforming Care – homes not hospitals' and the work that is being done to make sure that people with a learning disability have the best possible experience. It is important to keep people from staying in hospital longer than they need to by supporting people in their communities by using outreach



support teams that are available 7 days a week.  
 You can see these presentations on the website:  
 Better Health Group - <http://rutlandpartnershipboard4u.net/wp-content/uploads/2015/02/Better-Health-group-Dec-2015.pdf>

Transforming Care - <http://rutlandpartnershipboard4u.net/wp-content/uploads/2015/02/Transforming-Care-Dec-2015.pdf>

Emmajane told us about the Joint Health and Social Care Learning Disability Self-Assessment Framework 2015. As part of the Transforming Care Programme all areas were asked to do a Self-Assessment as a way of checking how health and social care services are working for people with learning disabilities. This is information that is collected every year by the different Councils across England. A plan will be made in February 2016 and a new Self-Assessment Framework will be put out in April 2016.  
 You can see this information on the website:  
 JHSA LD Self-Assessment Framework 2015 - <http://rutlandpartnershipboard4u.net/wp-content/uploads/2015/02/Self-Assessment-Framework-2015.pdf>

Tammy Thurley to find out about the Regional Learning Disability network and update us at the next Partnership Board meeting.

The Better Health Group will meet again on 27<sup>th</sup> January 2016, 10am – 12.30pm. Hannah Marsh at Brightways will be supporting people to go to this meeting, please contact Hannah if you would like to go.

**6. Presentation: Healthwatch / Better Care Together Consultation**

Jennifer Fenelon, Chair of Healthwatch Rutland and based at Voluntary Action Rutland

Healthwatch was set up as an organization to listen to people with concerns and help services get it right. Healthwatch cover services within Health and Social Care.

➡ Dementia

Healthwatch have run 8 different sessions talking about Dementia and the different stages of Dementia. Healthwatch are bringing together the voice of people with Dementia who have been in hospital. This information will be taken back to hospitals.

➡ Dentists

Healthwatch are working with Dentists. Members discussed some of their personal experiences and Emmajane suggested getting feedback from people with learning disabilities about their experience at the dentist.

You can email your feedback to: [info@healthwatchrutland.co.uk](mailto:info@healthwatchrutland.co.uk)

➡ Mental Health



	<p>Healthwatch have been listening to young people and getting their views.</p> <p> Ambulance Service</p> <p>Healthwatch are meeting with the Ambulance Service on 11<sup>th</sup> December to discuss issues with waiting times. A new pilot is being trialled to make this better.</p> <p><b>Better Care Together</b> is about making care better. It is about bringing people closer to home and back into their communities. Meetings have been taking place with people to talk about how services can be made better. A plan is going out that people can see and have their say. Emmajane asked if learning disabilities can be included in this with easy read information. This plan should be coming out in Spring 2016. Healthwatch will be attending these listening sessions to independently support people to have their say. Emmajane suggested using the Partnership Board as a listening event for the plan.</p> <p>Healthwatch Rutland newsletters  <a href="http://healthwatchrutland.co.uk/images/Newsletter_November_2015.pdf.pdf">http://healthwatchrutland.co.uk/images/Newsletter_November_2015.pdf.pdf</a>  or by visiting <a href="http://www.healthwatchrutland.co.uk">www.healthwatchrutland.co.uk</a></p>
	<p>Tea/Coffee break – thank you Rutwel for the very yummy festive spread.</p> <p>Rutwel run the Museum Café in Oakham every Friday – 10am – 2pm</p>
	<p><b>7. Presentation: VoiceAbility</b></p> <p>Fizz Heseltine, Karen Carpenter and Paul Blake</p> <p>Fizz gave us easy read hand outs on the Advocacy Services from VoiceAbility. VoiceAbility have a free, independent and confidential service. You can see this hand out on the website:  Advocacy Services from VoiceAbility -  <a href="http://rutlandpartnershipboard4u.net/wp-content/uploads/2015/02/Advocacy-Services-from-VoiceAbility-2015.pdf">http://rutlandpartnershipboard4u.net/wp-content/uploads/2015/02/Advocacy-Services-from-VoiceAbility-2015.pdf</a></p> <p>Paul talked us through the VoiceAbility Quality Checkers presentation. Paul told us that this project was set up to give people with learning disabilities an opportunity to independently speak up about services and their care and how things can be improved. The Quality Checkers put together reports after visiting people where they live and then feed the information back to services.</p> <p>You can see the Quality Checkers presentation on the website:  VoiceAbility Quality Checkers Presentation – Northampton Quality Checkers - <a href="http://rutlandpartnershipboard4u.net/wp-content/uploads/2015/02/Quality-Checkers-Presentation-10-12-15-">http://rutlandpartnershipboard4u.net/wp-content/uploads/2015/02/Quality-Checkers-Presentation-10-12-15-</a></p>

[Voiceability.pdf](#)

Paul told us that he is one of the Quality Checkers and works for VoiceAbility for one day a week. He can work for up to 16hours without it affecting his benefits but this will be looked at again after a year.

Fizz told us that the Quality Checkers have carried out 2 Care and Treatment Reviews where information was gathered from professionals by experience. VoiceAbility is going to share this information with Cheryl Bosworth.

### 8. A.O.B.

#### **No Voice Unheard No Right consultation**

We all looked at the result of this consultation, a document called Making Rights Better and Listening to People. Emmajane suggested we have a good read of the document as it is the Government's reply to what people said and what happens next, you can see this on page 24.

A copy of this document is on the website.

Making Rights Better and Listening to People -

<http://rutlandpartnershipboard4u.net/wp-content/uploads/2015/02/Making-Rights-Better-and-Listening-to-People-2015.pdf>

#### **Ideas for guest speakers in 2016**

We all put our ideas down on paper for guest speakers in 2016.



**The next meeting** will be on Thursday, 18<sup>th</sup> February 2016