



Rutland Learning Disability Partnership Board Notes of Meeting held on 18 August 2016

Present – who came to the meeting

Lorraine Taggart	RCC – Chair
Rory O’Neill	Self Advocate – Co Chair
Andre Dixon	RCC – note taker
Jacqui Darlington	Carer
Jean Heath	Carer
Kevin Armstrong	The Lodge Trust
Hannah Gilbert	Self Advocate
Richard Berry	Self Advocate
David Whitmarsh	The Lodge Trust
Darren Goddard	Leicestershire Police
Cheryl Bosworth	East Leics & Rutland CCG
Farai Kapswara	RCC
Karen Evans	RCC
Vandana Ferguson	RCC
Paula Howkins	Self Advocate
Carolyn Heath	Self Advocate
Ellie Scopes	Self Advocate
Joshua Darlington	Self Advocate
Sue Startin	Self Advocate
George Lawman	Self Advocate
Tammy Thurley	RCC
Libby Barnacle	RCC
Linda Wylie	RCC
Femi Agunbiade	RCC
Nicky Masters	Age UK Advocacy
Heather Vanne	Carer
Kevin Vanne	Carer
Matthew Vanne	Self Advocate



1. Introductions and welcome

Lorraine welcomed people to the meeting.
Lorraine introduced Rory O’Neill, Self Advocate and Co-Chair for the meeting. Everyone in turn said their name and where they came from.



2. Apologies – who could not come to the meeting

Jane Parr

The updates and presentations below can be found on this link:

<http://rutlandpartnershipboard4u.net/agendas-notes-and-presentations/>





3. Making sure we understand what is said

Rory told everyone that it is important to use words that are easy to understand. He reminded people to use the yellow cards if they want to say something or if they do not understand.



4. What was said at the last meeting

We looked at the notes written after the last meeting held on 28th June 2016. Everyone agreed that this is what was said.

5. Updates

Employment – Karen Evans. Lorraine introduced Karen, who is covering for Gemma Ruigrok whilst she is on maternity leave. Karen will be working on Monday, Tuesday and Wednesdays to help service users on a one to one basis to find jobs, voluntary work or training. If you want to contact her, here are her details:

Phone number: 01572 720932

Email: kevans@rutland.gov.uk

Autism Partnership Board - Farai Kapswara, Senior Social Worker at Rutland County Council. Farai attended the recent Leicestershire Autism Partnership Board and told us about two things of interest:

- The Prince's Trust Talent Match – a new project with Lottery Funding which is helping young people (18 to 25 years) to get into work or activities. Over the next few months someone from this project may come and tell us about this new project.
- New Training Module for professionals. This will help people such as policemen to learn how to engage with people with Autism. Farai will show us the module in the next few months to get our feedback or ideas.

Better Health Group - Sam Screaton from Leicestershire Partnership NHS talked to us about the Better Health Group and what it does. She gave a presentation on Health Screening, Health Checks and Health Action Plans. The next meeting of the Better Health Group is on 21 September 2016 at Bridge Park Plaza, Thurmaston. If you would like to contact Sam, her number is 07748 622611 and her email address is sam.screaton@leicspart.nhs.uk

Sam also told us about a very good website called [easyhealth.org.uk](http://www.easyhealth.org.uk) – here is the link:

<http://www.easyhealth.org.uk/>

You can see Sam's presentation on the website, using the link above.





6. Presentation: Age UK – Advocacy - Nikki Masters

Nikki told us that The Care Act says that everyone who needs support to have their voice heard must be able to get an Advocate. Advocates support you to have a voice.

Age UK have advocates that support people from the age of 18 years and over. This service is independent and completely free.

Contact details for Age UK – Advocacy are:

Care Act Advocacy Service, Age UK Leicester Shire & Rutland, Lansdowne House, 113 Princess Road East, Leicester, LE1 7LA

Phone: 0116 2045110

Fax: 0116 2992244

Email: nikki.masters@ageukleics.org.uk

You can see Nikki's presentation on the website, using the link above.



Tea/Coffee break – thank you Rutwel for the lovely cakes! Rutwel run the Museum Café in Oakham every Friday 11.30am to 1.30pm. They will also be opening on Wednesdays, 10- 12, from September

7. Out of Hours Club Rutland – In place of Faith Vanne, who was unable to be at our meeting, Jacqui and Joshua Darlington told us about the OHCR.

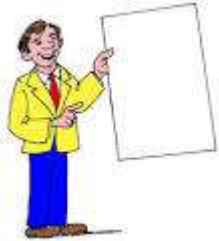
This club started about 18 months ago and aims to bring together special and additional needs young people aged 18 and over in Rutland. The three leaders (Faith, Ashley, and Harry) help these young people to take part in activities that any 18 + person would do such as going to the pub, eating out, going to the cinema, seeing a show etc. Photos of the club at various activities were shown in the presentation. Tammy Thurley mentioned that there are a few service users living in their own homes who may be keen to join the club.

To contact the club, email: ohcrutland@gmail.com

You can see Faith's presentation on the website, using the link above.



8. Ideas on how to promote the Partnership Board meetings.



Lorraine explained that we need more people, especially families, parents, carers etc to come along to our meetings and perhaps a lot of people did not know anything about the Partnership Board or what we do. We broke off into small groups to try to come up with ideas on how to advertise the Partnership Board and also on who we could invite to come along and speak to us on various topics. One great idea was to have a Design a Poster competition where people could design a poster advertising the Partnership Board and bring it along to our next meeting where we can choose which is the best one.

You can the list of ideas from this group activity at the end of these minutes.



9. **Any Other Business.** Tammy told us about the new Community Support Services Newsletter – Summer 2016 which has just gone out to all service users, parents and carers. This newsletter is on the Partnership Board website and can be found by following this link:

<http://rutlandpartnershipboard4u.net/wp-content/uploads/2016/08/Summer-2016.pdf>

If you would like to see a paper copy of this newsletter please let Andre or Gina know on 01572 772588/772585.



The next meeting will be on Thursday 13th October 2016



Thank you for coming.

Please see the next page for the list of ideas to help promote the Partnership Board taken from our group activity in the meeting.



Rutland Learning Disability Partnership Board – 18th August 2018

Feedback from ‘How to promote the Partnership Board’

- More publication for partnership board
- Send out letters in large print
- More about services
- Like the presentations by different groups
- Good to talk about people’s different jobs
- Good to have voluntary jobs to help people in the community
- Swapping days
- Send reminders to adults living in the community alone
- Send Agenda out so people can choose if the Agenda suits them
- More independent providers
- Contacting people in supported living
- Rutland radio
- Posters
- Invite other providers other than RCC and the Lodge Trust
- Success stories from young people i.e. video or slide show of horse riders; sailors; pool draughts class; poetry etc possibly on RCC Intranet
- New job ideas with Karen
- Posters; leaflets; life skills – in local area
- Adult Learning OEP
- Policeman
- Acute Liaison Nurses (Katrina Dickins)
- Rutland Youth Forum
- Family Centre
- Refresher on Keep Safe Places
- Healthy Living / Diabetes
- Cheap day outs
- Rutland Radio
- Keep fit
- Ambulances
- Police
- Fire engines
- Rutland Belle
- Sports Group
- Cultural food
- Thursday meal and pool at the Railway Pub
- Wednesday friendly football match
- Skittles at Melton
- Sister Act at the Curve Theatre
- Ellie is really interested in the Out of Hours Club and would be interested in finding out about any other opportunities to take part in activities to do in the evenings and weekends