



Rutland Learning Disability Partnership Board Notes of Meeting held on 28 June 2016

Present – who came to the meeting

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|-----------------------|-----------------------------|
| Emmajane Perkins | RCC – Chair |
| Jonathon Vanden Broek | Self Advocate – Co Chair |
| Gina Robey | RCC – note taker |
| Marenda Campling | RCC |
| Vandana Ferguson | RCC |
| Louisa Whait | LCC / NHS England |
| Jacqui Darlington | Carer/HW Rutland /Carers UK |
| Kate Hiseman | Sustainable Land Trust |
| Daniel Billsdon | Self Advocate |
| David Whitmarsh | The Lodge Trust |
| Richard Berry | Self Advocate |
| Chayne Adcock | Self Advocate |
| Tammy Thurley | RCC |
| Carley Scarborough | RCC |
| Libby Barnacle | RCC |
| Kyeann Cook | Self Advocate |
| Paula Howkins | Self Advocate |
| Carolyn Heath | Self Advocate |
| Amy McGurk | Self Advocate |
| Rory O’Neill | Self Advocate |
| Susan Startin | Self Advocate |
| Linda Wylie | RCC |
| Farai Kapswara | RCC |
| Lewis Anstock | RCC |
| Karen Kibblewhite | RCC |
| Cheryl Clegg | Age UK |
| Nikki Masters | Age UK |



1. Introductions and welcome

Emmajane welcomed people to the meeting.
 Emmajane introduced Jonathon Vanden Broek, Self Advocate and Co-Chair for the meeting.
 Everyone in turn said their name and where they came from.



2. Apologies – who could not come to the meeting

| | |
|------------------|---------------------|
| Jane Parr | Darren Goddard |
| Cheryl Bosworth | Alex Davies- Powell |
| Lorraine Tarratt | Sarah Malley |





The updates and presentations below can be found on this link:

<http://rutlandpartnershipboard4u.net/agendas-notes-and-presentations/>



3. Making sure we understand what is said

Jonathon told everyone that it is important to use words that are easy to understand. He reminded people to use the yellow cards if they want to say something or if they do not understand.



4. What was said at the last meeting

We looked at the notes written after the last meeting held on 13 April 2016. Everyone agreed that this is what was said.

5. Updates

Employment

Rory O'Neill introduced himself and told us about his job as a volunteer at Brightways. Rory works on Reception on a Monday and Friday.

Rory told us he has been in this role for about 2 months now. He enjoys it, particularly the contact with people and the responsibility. This is a part time position.

[You can see Rory's presentation on the website, using the link above.](#)



Autism Partnership Board

Emmajane introduced Farai Kapswara, Senior Social Worker at Rutland County Council. Farai will be updating us on the Autism Partnership Board at the next meeting.

Better Health Group

Sam Sreaton will update at the next meeting.





6. Presentation:

Constipation in People with Learning Disabilities and the National Learning Disability Mortality Review **Louisa Whait – Leicester City Council / NHS England**

Louisa is employed by Leicester City Council but this piece of work is funded by NHS England.

Louisa explained that The Central Midlands and East Learning Disability Network is about nurses and people who manage care all coming together to talk about supporting people to have a better life.

The network is

- about people who take action and not just talk
- looking at how decisions are made
- how self advocates and carers can get more involved in having their say

The Learning Disability Mortality Review is looking at what has caused deaths of people with a learning disability.

The information will be used to find out what is working and what can be made better in health and social care services for people with learning disabilities. Work with the coroner will help to make sure causes of death are being recorded properly.

This can be quite an upsetting subject and NHS England can support people with this.

Constipation in people with a learning disability.

Louisa told us that constipation can be caused by the way you live and can be very serious. It is something we need to all talk about.

You can use these details to comment or ask questions:

twitter: #telloaboutpoo

email: louisa.whait@leicester.gov.uk

telephone: 07809101466

Louisa is going to send us information on Inclusion Midlands and Transforming Care. Inclusion Midlands will have a website where you can find out about working groups like Transforming Care. These groups want to talk to people who are experts by experience.

You can see Louisa's presentation on the website, using the link above.



Tea/Coffee break – thank you Rutwel for the lovely cakes!

Rutwel run the Museum Café in Oakham every Friday
11.30am to 1.30pm



Sustainable
Land Trust



7. Presentation: Sustainable Land Trust Kate Hiseman

Kate told us about her background and her work with successful projects involving recycling and the Feel Good Food Group.

The Sustainable Land Trust was set up with the aim to provide professional qualifications to all types of vulnerable people in a healthy working environment, promoting respect and self esteem. Projects include pollution; ecology; environmental as well as classroom based studies, English and Maths with IT being introduced in September.

Kate talked to us about an exciting new project they are working on with Oakham Heights. This is called the Barleythorpe Project . There will be different training opportunities available involving gardening; park ranger; event organising and neighbourhood watch. If you would like to find out more about this you can get in touch.

Email: khiseman@sltrust.org.uk

Phone: 01664 400150

You can see Kate's presentation on the website, using the link above.

8. Presentation Community Prevention & Wellness Service Karen Kibblewhite – Head of Commissioning, Rutland County Council

Karen told us it is part of her responsibility to make sure that the services we use are giving us a good service.

Karen wants to make sure people in Rutland have the right help and support; know where to find support and can get more involved in their support.

There will be a chance for the people of Rutland to have their say, this is a consultation. In groups we wrote down what is good and what is not working so well in Rutland. Karen collected all this information. Karen will let us know how they have used this information and information from the consultation to make services better.

You can see Karen's presentation on the website, using the link above.





9. Presentation:

Age UK – Advocacy

Cheryl Clegg and Nikki Masters

Nikki and Cheryl told us that The Care Act says that everyone who needs support to have their voice heard must be able to get an Advocate. Advocates support you to have a voice.

Age UK have advocates that support people from the age of 18 years and over. This service is independent and completely free.

Cheryl and Nikki are going to come back to the meeting in August to tell us more because we ran out of time.



Contact details for Age UK – Advocacy are:

Care Act Advocacy Service, Age UK Leicester Shire & Rutland, Lansdowne House, 113 Princess Road East, Leicester, LE1 7LA

Phone: 0116 2045110

Fax: 0116 2992244

Email: nikki.masters@ageukleics.org.uk

You can see the presentation on the website, using the link above.

10. Any Other Business



- NHS England are putting together a Forum – 21st July 2016 – “Tell Us What You Think”
This forum is about finding out if people are getting good services and if there is enough help. There are 60 places available on this Forum. You can see the attachment to book yourself a place.



- Emmajane talked about the easy read pack to help people with plans for leaving hospital. It is for people with learning disabilities and/or autism who are in hospital because of a mental health problem or behaviour which challenges. You can download this pack from the Change website. See attachment.
www.changepeople.org





- Emmajane talked to us about a warning that has gone out to people using paraffin based emollients. Smoking or a naked flame could cause patient's dressings or clothing to catch fire when being treated with paraffin-based emollient that is in contact with the dressing or clothing. See attachment.



- Lorraine Tarratt, Senior Social Worker for Transitions and Learning Disabilities will be chairing the Rutland Learning Disability Partnership Board from August. Lorraine also goes to the Regional Board meetings too.



The next meeting will be on Thursday 18th August 2016

Thank you for coming.