

ABOUT AUTISM

Autism affects all forms of social communication, regardless of verbal ability. Increased anxiety will impact on the ability to communicate effectively. This might mean that your method of communication may need to change and the individual may require more time to process information.

Eye contact can be painful and confusing for individuals with autism, don't assume that they are ignoring you if they are not looking at you.

Unfamiliar environments and unfamiliar people can significantly impact on the level of anxiety that the individual experiences.

The environment is a very important factor and this can increase anxiety. For example lights, noises, other people, smells, will impact on the individual as people with autism find it difficult to filter out background information.

People with autism can find the following difficult: planning, organising, multitasking, sequencing, retaining information, communicating details in an ordered and sequential manner and initiating tasks.



PASSPORT INTO WORK



Department
for Work &
Pensions



ABOUT ME

Name: _____

Address: _____

Post code: _____

Date of birth: _____

National insurance number: _____

How my disability affects me:

How I communicate:

How the environment in the job centre impacts on me:



THE ENVIRONMENT

Factors in the job centre which increase my anxiety:

- | | |
|---|---------------------------------|
| <input type="checkbox"/> travelling to centre | <input type="checkbox"/> crowds |
| <input type="checkbox"/> unfamiliar environment | <input type="checkbox"/> noise |
| <input type="checkbox"/> inconsistent staff | <input type="checkbox"/> smells |
| <input type="checkbox"/> waiting | <input type="checkbox"/> other |

Reasonable adjustments that would help me:

ACCESSIBILITY

I request that DWP contact me via:

- | | | |
|-------------------------------|------------------------------------|--------------------------------|
| <input type="checkbox"/> post | <input type="checkbox"/> telephone | <input type="checkbox"/> email |
| <input type="checkbox"/> text | <input type="checkbox"/> other | |

DISCLAIMER

This passport is the property of the individual named in this document.